

RECORDS d'ATHLETISME DE ST AUBIN LA SALLE (23/10/25)

	CADETS (09-10) et moins	JUNIORS G (06-07-08) et moins	CADETTES (09-10) et moins	JUNIORS F (06-07-08) et moins
50 m	6s 47 Maxime RENOUE (2009) 6s 49 Jérôme HUREAUX (2017) 6s 50 Gabin DEROUET (2016)	6s 26 Guillaume BOURCIER (2006) 6s 28 Maxime ROUTHIAU (2009) 6s 36 Christopher DAUDE (2006)	7s 26 Marie GUIBERT (2024) 7s 34 Lucie TRAUTVETTER (2015) 7s 51 Hélène COUSSEAU (2016)	7s 14 Lucie TRAUTVETTER (2015) 7s 26 Marie GUIBERT (2024) 7s 34 Marina KETOBIAKOU (2021)
50 m haies	8s 22 Julien MORIN (2018) 8s 36 Timothé DEROUET (2016) 8s 58 Gabin DEROUET (2015)	8s 05 Julien BOURDIN (2006) 8s 28 Hughes ROCHER (2009) 8s 30 Sylvain MALABRY (2007)	8s 64 Hélène COUSSEAU (2016) 9s 02 Maëlis GONNON (2013) 9s 64 Claire LANGSWEIRT (2015)	9s 23 Maëlis GONNON (2015) 10s 87 Manon SURGIOFF (2016) 11s 00 Lise SURGIOFF (2016)
60 m	7s 55 Afecha TOYALEKE (2019) 7s 68 Gabin DEROUET (2017) 7s 73 Léo STANGUENNEC (2019)	7s 40 Afecha TOYALEKE (2020) 7s 44 Guillaume BOURCIER (2007) 7s 47 Quentin DELOS (2024)	8s 49 Lucie TRAUTVETTER (2016) 8s 60 Célya CHAUSSE (2020) 9s 21 Julie CHIARUZZI (2015)	8s 24 Lucie TRAUTVETTER (2017) 8s 60 Célya CHAUSSE (2020) 8s 65 Noufra YEO (2025)
60 m haies	9s 68 Julien MORIN (2019) 11s 43 Aymeric MAKI (2020) 12s 16 Romain GABORIAU (2007)		9s 69 Kim GUEURIOT (2024) 10s 70 Maëlis GONNON (2015)	12s 13 Manon SURGIOFF (2017)
100 m	11s 64 Alexandre BERTHELIN (2015) 11s 65 Gabin DEROUET (2017) 11s 66 Afecha TOYALEKE (2019)	11s 10 Maxime ROUTHIAU (2010) 11s 30 Guillaume BOURCIER (2007) 11s 59 Quentin DELOS (2024)	12s 91 Lucie TRAUTVETTER (2016) 13s 32 Manon HERAUD (2017) 13s 90 Julie CHIARUZZI (2015)	12s 91 Lucie TRAUTVETTER (2016) 13s 32 Manon HERAUD (2017) 13s 55 Claire LANGSWEIRT (2017)
110 m haies/100m haies	16s 85 Julien MORIN (2019) 19s 08 Mathis MERLE (2018) 20s 68 Maxime LEMMONIER (2012)	17s 44 Sylvain MALABRY (2008) 17s 57 Clément JUBAULT (2016) 18s 01 Hughes ROCHER (2010)	15s 67 Kim GUEURIOT (2025) 16s 80 Maëlis GONNON (2015) 16s 82 Hélène COUSSEAU (2017)	17s70 Maëlis GONNON (2016) 19s 59 Manon SURGIOFF (2017) 22s 19 Marion CHOUTEAU (2017)
200 m Haies	31s 75 Quentin DELOS (2023) 32s 12 Benoit ROBERT (2022) 32s 34 Anatole PERCHER (2023)	31s 75 Quentin DELOS (2023) 32s 12 Benoit ROBERT (2022) 32s 34 Anatole PERCHER (2023)	33s 75 Kim GUEURIOT (2024)	33s 75 Kim GUEURIOT (2024)
200 m	23s 21 Mattéo CLEMENCEAU (2019) 23s 71 Léo STANGUENNEC (2019) 24s 20 Maxime RENOUE (2009)	23s 00 Guillaume BOURCIER (2006) 23s 11 Mattéo CLEMENCEAU (2020) 23s 50 Maxime ROUTHIAU (2009)	27s 04 Lucie TRAUTVETTER (2016) 27s 60 Claire LANGSWEIRT(2015) 30s 28 Romane MARCHAND (2022)	27s 04 Lucie TRAUTVETTER (2016) 27s 41 Claire LANGSWEIRT (2017) 30s 06 Lyse SURGIOFF (2017)
400 m	50s 50 Matéo CLEMENCEAU (2019) 59s 00 Antoine BROSSIER (2015) 60s 04 Alexandre BERTHELIN (2015)	50s 50 Matéo CLEMENCEAU (2019) 53s 08 Quentin MERAND (2009) 54s 08 Yoan ANDRE (2007)	68s 47 Romane MARCHAND (2023)	61s 94 Claire LANGSWEIRT (2017) 68s 47 Romane MARCHAND (2023)
400 m haies	68s 27 Mathis MERLE (2018)	68s 27 Mathis MERLE (2018)	77s 29 Claire LANGSWEIRT (2016) 96s 58 Camille FRELAND (2018)	77s 29 Claire LANGSWEIRT (2016) 81s 48 Lyse SURGIOFF (2017) 96s 58 Camille FRELAND (2018)
800 m	2mn 00s 82 Matéo CLEMENCEAU (2018) 2mn 04s 45 Enzo GUIHENEUC (2022) 2mn 06s 73 Thomas SIMONNET (2019)	1mn 56s 63 Maël ROBERT (2025) 2mn 00s 82 Matéo CLEMENCEAU (2018) 2mn 04s 45 Enzo GUIHENEUC (2022)	2mn 40s 45 Clara CHESNAIE (2025) 3mn 01s 00 Marine DUVEAU (2014) 3mn 19s 83 Camille FRELAND (2018)	2mn 40s 45 Clara CHESNAIE (2025) 3mn 01s 00 Marine DUVEAU (2014) 3mn 19s 83 Camille FRELAND (2018)
1000 m	2mn 40s 86 luis RUAULT (2024) 2mn 40s 94 Enzo GUIHENEUC (2022) 2mn 46s 30 Paul RUAULT (2021)	2mn 34s 65 Maël ROBERT (2025) 2mn 40s 86 luis RUAULT (2024) 2mn 40s 94 Enzo GUIHENEUC (2022)	3mn 23s 07 Agathe GAUTREAU (2014) 3mn 24s 02 Manon HERAUD (2017) 3mn 30s 89 Clara CHESNAIE (2024)	3mn 20s 97 Agathe GAUTREAU (2014) 3mn 24s 02 Manon HERAUD (2017) 3mn 30s 89 Clara CHESNAIE (2024)
1500 m	4mn 24s 75 Lucas VILLECHEVROLLE (2016) 4mn 45s70 Jérémy COCHET (2017) 4mn 51s 10 Léo-Paul GAULTIER (2017)	4mn 24s 75 Lucas VILLECHEVROLLE (2016) 4mn 39s 05 Alexis PLANCHENAU (2013) 4mn 45s70 Jérémy COCHET (2017)	5mn 10s 14 Agathe GAUTREAU (2015) 5mn 16s 19 Manon CADY (2019)	5mn 10s 14 Agathe GAUTREAU (2015) 5mn 16s 19 Manon CADY (2019)
3000 m	9mn 22s 61 lucas VILLECHEVROLLE(2016) 9mn 53s 53 Noé SAUVAITRE (2025) 10mn 05s 15 Lucas LEBRASSEUR (2024)	9mn 13s 47 Luc NOEL (2022) 9mn 22s 61 lucas VILLECHEVROLLE(2016) 9mn 29s 11 Alexis PLANCHENAU (2013)	11mn 58s 56 Léa AGUIRRE (2025) 13mn 25s 11 Sarah CAMUS (2022)	11mn 58s 56 Léa AGUIRRE (2025) 13mn 25s 11 Sarah CAMUS (2022) 17mn 12s Joséphine MORIN (2008)
4 X 100 m	44s65 Léo STANGUENNEC – Julien MORIN – Afecha TOYALEKE – Matéo CLEMENCEAU (2019)	44s65 Léo STANGUENNEC – Julien MORIN – Afecha TOYALEKE – Matéo CLEMENCEAU (2019)		53s 01 Claire LANGSWEIRT- Lucie TRAUTVETTER-Hélène COUSSEAU- Manon SURGIOFF (2017)
4 X 400 m		3mn 31s 32 Léo STANGUENNEC – Thomas SIMONNET – Hugo BOUDEY – Matéo CLEMENCEAU (2019)		
Relais Medley 100-200-300-400	2mn 21s 35 Noufra YEO – Maël ROBERT – Clara CHESNAIE – Yaël GUILLOU (2025)			

	CADETS (09-10) et moins	JUNIORS G (06-07-08) et moins	CADETTES (09-10) et moins	JUNIORS F (06-07-08) et moins
POIDS officiel FFA	11m 32 Eliott LEBRETON (2017) 11m 31 Lucas BIGOT (2010) 10m 75 Clément PRODHOMME (2018)	11m 16 Eliott LEBRETON (2018) 11 m 16 Maxime ROUTHIAU (2010) 10 m 59 Simon BREL (2007)	10m 91 Kim GUEURIOT (2024) 9m 99 Lucia-estherline ARYEEQUAYE (2019) 9m 08 Hélène COUSSEAU (2017)	6m90 Lucie TRAUTVETTER (2016) 6m77 Marion CHOUTEAU (2016) 6m04 Maëlle PENGAM (2017)
POIDS F 3kg / G 5 kg	14m 36 Jo-Marcel TAPE (2023) 12m 56 Jean KOKOUN (2025) 11m 59 Valentin MARIONNEAU (2024)		10m91 Kim GUEURIOT (2024) 9m 99 Lucia-estherline ARYEEQUAYE (2019) 9m 97 Noufra YEO (2025)	
DISQUE officiel FFA	34m 94 Eliot t LEBRETON (2017) 32m 89 Samuel ITOUMBA (2018) 29m 90 Sylvain MALABRY (2007)	36m 58 Samuel ITOUMBA (2019) 34 m 68 Eliott LEBRETON (2018) 33 m 10 Alexis MERCERON (2009)	33m 03 Kim GUEURIOT (2024) 23m 07 Hélène COUSSEAU (2017) 21m 07 Lucia-Estherline ARYEEQUAYE (2019)	33m 03 Kim GUEURIOT (2024) 23m 07 Hélène COUSSEAU (2017) 21m 07 Lucia-Estherline ARYEEQUAYE (2019)
DISQUE F 1kg / G 1,5 kg	46m 62 Jo-Marcel TAPE (2023) 36m 58 Samuel ITOUMBA (2019) 34m 94 Eliot t LEBRETON (2017)		33m03 Kim GUEURIOT (2024) 23m 07 Hélène COUSSEAU (2017) 21m 07 Lucia-Estherline ARYEEQUAYE (2019)	
JAVELOT officiel FFA	44m 10 Yaël GUILLOU (2024) 37m 32 Eliott LEBRETON (2017) 36m 64 Simon TRAINEAU (2016)	47m 70 Flavien BENION (2012) 44m 90 Timothé DEROUET (2018) 42m 08 Béranger FOUCARD (2007)	26m 93 Lorine PRODHOMME (2019) 18m 19 Marie GUIBERT (2025) 16m 41 Léonie DUBAS (2025)	
JAVELOT F 500g / G 700g	47m 70 Flavien BENION (2012) 44m 90 Timothé DEROUET (2018) 44m 10 Yaël GUILLOU (2024)		26m 93 Lorine PRODHOMME (2019) 18m 19 Marie GUIBERT (2025) 16m 41 Léonie DUBAS (2025)	
MARTEAU	46m 06 Sylvain MALABRY (2007)	51m 15 Sylvain MALABRY (2008) 24m 33 Axel BIDEZ (2008)	22m 75 (Jade PINOTEAU 2025)	
SAUT A LA PERCHE	4m 10 Mathis DESPRES (2024) 3m 40 Thomas BOULAY (2013) 3m 30 Julien MORIN (2018)	4m 10 Mathis DESPRES (2024) 3m 80 Julien BOURDIN (2006) 3m 40 Thomas BOULAY (2013)	2m 81 Maëlis GONNON(2014) 2m 31 Kim GUEURIOT (2022)	3m 21 Maëlis GONNON (2016) 2m 31 Kim GUEURIOT (2022)
LONGUEUR	5m 85 Anatole PERCHER (2023) 5m 77 Timothé DEROUET (2017) 5m 70 Clément PRODHOMME (2018)	6m 19 Quentin MERAND (2008) 6m 19 Christopher DAUDE (2006) 6m 06 Lence N'GUEMA (2009)	4m 97 Claire LANGSWEIRT(2016) 4m 88 Lucie TRAUTVETTER (2016) 4m 67 Marie GUIBERT (2025)	5m 15 Claire LANGSWEIRT(2017) 4m 94 Lucie TRAUTVETTER (2016) 4m 86 Sarah CAMUS (2023)
TRIPLE-SAUT	12m 25 Benji BALIWOMBA (2015) 11m 97 Timothé DEROUET (2017) 11m 64 Elvan GERARD (2023)	12m 70 Maël MERY (2017) 12m 38 Moustapha HOUNDJO (2009) 12m 25 Benji BALIWOMBA (2015)	9m 87 Kim GUEURIOT (2025) 9m 34 Jade PINOTEAU (2025) 9m 24 Anna BAUJON (2025)	10m 44 Claire LANGSWEIRT (2017) 10m 20 Sarah CAMUS (2023) 9m 87 Kim GUEURIOT (2025)
HAUTEUR	1m 70 Léo STANGUENNEC (2018) 1m 67 Timothé DEROUET (2017) 1m 65 Tom MAUDET (2023)	1m 81 Quentin DELOS (2024) 1m 81 Flavien BENION (2012) 1m 75 Jean KOKOUN (2025)	1m 54 Kim GUEURIOT (2023) 1m 46 Claire LANGSWEIRT (2016) 1m 42 Sarah CAMUS (2022)	1m 54 Kim GUEURIOT (2022) 1m 46 Claire LANGSWEIRT (2016) 1m 42 Sarah CAMUS (2022)

